

RESOURCE LIBRARY HOTEL OPERATIONS - HOUSEKEEPING Grooming Standards – Non Uniformed Personnel

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Policy & Procedure:

<u>Hair</u>

Hair is a breeding ground for the bacteria that can contaminate food, and dirty or untidy hair looks unpleasant.

- Hair should be neat and clean
- Hair should be of a natural colour
- Excessive use of gel/mousse should be avoided
- Men Hair to be above collar length and out of the face.
- Female Hair shoulder or longer to be tied back with conservative clip or band
- Men will be clean shaven at all times, no beards and moustaches are allowed
- Sideburns to be no longer than halfway down the ear

<u>Clothes</u>

- Team members should always appear crisp, clean, polished, smart and fresh at all times.
- Clothes should be well fitted. Ladies skirts will be knee length or longer.
- Clothing should be suitable professional attire in appropriate colours.
- Shoes should be well polished, not torn, scuffed or scratched and should be the correct standard style.
- Females will wear shoes with a heel no more than 3" no sling backs allowed, shoes should have closed toes.
- Dark socks to be worn with dark trousers.
- Females will wear tights of natural or black colour at all times when wearing a skirt, tights should be ladder free.
- A name badge will always be worn on the team members left lapel, with their name on it and not scratched.

<u>Hands</u>

Hand hygiene is important in all areas of the hotel, not only the kitchen, so hands must be kept clean.

- Hands will be clean, with short clean-cut nails.
- Avoid touching surfaces that will come in contact with food, e.g. Handle glasses by the stem not the rim and cutlery should be picked up by the handle.
- Cuts or sores should be covered with a waterproof dressing.
- Hands should not be kept in pockets whilst in guest contact areas and team members will refrain from touching their hair or face in guest contact areas.
- Appropriate equipment to be used when touching food.

Jewellery

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Germs breed rapidly in the warm crevices of rings, bracelets, necklaces and earrings. Jewellery can easily fall into food or get caught up in equipment.

- A maximum of 2 rings can be worn (wedding and engagement), together with a non-obtrusive watch.
- One non-obtrusive bangle and necklace can be worn.
- Earrings are allowed for female team members, a maximum of 1 earring per ear, and they should be identical. Earrings should not be dangling style.
- Visible piercings will be removed and visible tattoos should be covered.
- Make-up will be conservative in nature.
- Food handlers may only wear a wedding ring and plain sleeper earrings.

General

- No gum will be chewed at any time on hotel premises.
- Personal mobile phones and pagers will not be carried whilst on duty. Sales people who have mobile phones provided by the hotel may carry them whilst on duty.
- Smoking is only permitted in the designated smoking area.
- Team members will keep a straight posture and not use walls to lean on.
- Team members will not 'gather together' during quiet periods.
- Colognes, perfume, hair tonics and aftershave should be used in moderation.
- Team members should bathe/shower with soap daily. A mild aroma deodorant or antiperspirant should be used.
- Hands should always be washed after using the toilet, after touching the face, after coughing or sneezing, after eating/drinking and after smoking.
- Teeth should be brushed a minimum of twice a day, and should be brushed after eating.

Posture/Deportment

- Team members will maintain a good posture at all times by standing and walking erect, back straight up.
- Team members will always bend from the knees when getting supplies from low shelves or lifting heavy items.
- Team members will always project a concerned and confident manner when talking to guests.
- Team members will never lean, sit or stand on any guest furniture.
- A professional image should be projected at all times.